



## COMMAND COMMENTARY

### Where Were You Four Years Ago?

**By Col. Shawn D. Ford**

*Commander, 132d Wing*

As I was looking through some photos to figure out what to include in this month's article, I saw the picture to the right. Four years ago, I was given the unique opportunity to meet an iconic person in a most unexpected location; Kandahar AB, Afghanistan. This photo started me thinking about where we were four years ago (flying F-16s in Afghanistan) and where we are now (IOC in Intel and MQ-9); and how drastically things have changed for our Wing. We have accomplished a lot, but we are far from perfect. This drill will be your last opportunity to participate in the Unit Climate Assessment (UCA). Take time this drill to provide your leadership with the constructive feedback necessary to improve our organization. We are willing to make things better, but need to know what concerns you, in order to do that.



April is Sexual Assault Awareness & Prevention month and you will start to hear more about a new program called Green Dot. In the past, all sexual assault training has been based on educating Airmen on what to do after a sexual assault. While this is important, the Air Force is adopting a successful civilian program that is focused on preventing violence. The program's track record has been shown to reduce various forms of interpersonal and self-directed violence as much as 50%. In addition, it is designed to educate and train our Airmen with less overall dedicated training time and manpower. Something I think we'd all agree is a good thing. The Green Dot program will continue to emphasize and establish a culture of respect and dignity, which is an important aspect of preventing violence from happening.

Finally, this drill you will have a chance to brag about what you do to several Air Force Academy cadets that will be visiting our unit. This will be a great opportunity to showcase the capabilities of the Air National Guard to cadets who will most likely be future leaders of the Air Force. Although we won't see a return on this investment for quite some time; be sure to leave a good impression so these future Officers see the Air Guard as a professional work force capable of executing the mission side-by-side, with our Active Duty counterparts.

As always, thank you for your leadership, service, and for making the 132d and our Air Force a better place. Back to the picture...let me know this drill if you think you know who I met in Afghanistan.

# CHAPLAIN'S CORNER

**By Maj. Gaberiel Casciato**

*Chaplain, 132d Wing*



Catholic Mass—Saturday UTA @ 1500

Protestant Worship—Sunday UTA @ 1100

This weekend marks the end of a greater than 30 year career of faithful service as we bid farewell to Ch Rome. Words cannot express how thankful we are for his mentorship and friendship to so many at this wing. His wisdom and expertise will be missed but his legacy will live on as the staff continues his vision of spiritual and pastoral care. There will be an open house on Sunday. Please make time to come out and wish him well as he continues his ministry at the VA. Ch Rome, thank you for your service.

## LEGAL

### 2016 Quarter 1 Status of Discipline

- Three Staff Sergeants received Letters of Reprimand for fitness failure
- Three Staff Sergeants received Letters of Counseling for fitness failure
- One Senior Airman was administratively discharged for drug abuse
- One Senior Airman was administratively discharged for fitness failure
- One Senior Airman received Non-Judicial Punishment (suspended reduction in rank) for failure to go
- One Senior Airman was demoted to Airman First Class for Driving Under the Influence
- One Senior Airman received a Letter of Reprimand for unexcused absence from UTA
- One Airman First Class received a Letter of Reprimand for failure to comply with an order
- One Airman First Class received a Letter of Counseling for fitness failure

# SAFETY

**NOT**  
primarily  
mechanical

Up to  
**90%**  
of all car crashes  
are caused by  
**DRIVER ERROR!**

**NOT**  
primarily  
environmental

At any moment,  
**9% OF DRIVERS**  
are talking on  
cell phones.

About **26% OF ALL CAR CRASHES**  
involve cell phone use — **including hands-free!**

**WHAT'S  
HANDS-FREE?**

earpiece

dashboard  
system

speakerphone



**HANDS-FREE IS NOT RISK-FREE**

**#1**

cause of unintentional  
deaths in U.S.  
are car crashes.

About **100 PEOPLE**  
die every day in car crashes.

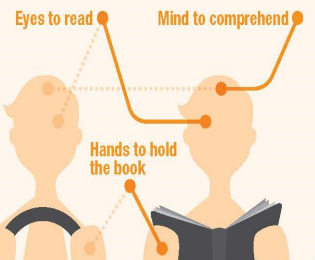
**THE ESSENTIAL TRIO:**  
requirements for driving

Eyes on the road

Hands on the wheel

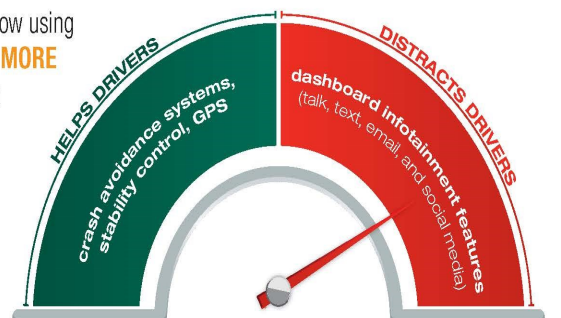
**MIND ON DRIVING**

Other activities **take thought** and **are hard to do while on a call**, like reading a book. You can't do either well if you're doing them at the same time, and the consequences with driving are much greater than needing to reread a page.



**TECHNOLOGY: GOOD OR BAD?**

New studies show using  
voice-to-text is **MORE**  
distracting than  
typing texts  
by hand.





# SAFETY

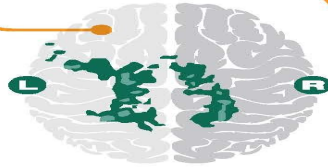


## MULTI-TASKING: THE BIG FAT MYTH

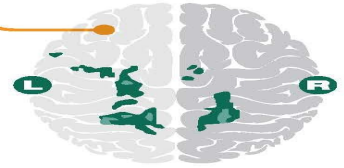
The brain quickly toggles between tasks — but can't do two things at the same time.

The activity in the area of the brain that processes moving images **decreases by up to 1/3** when listening to talking on a phone.

Driving alone

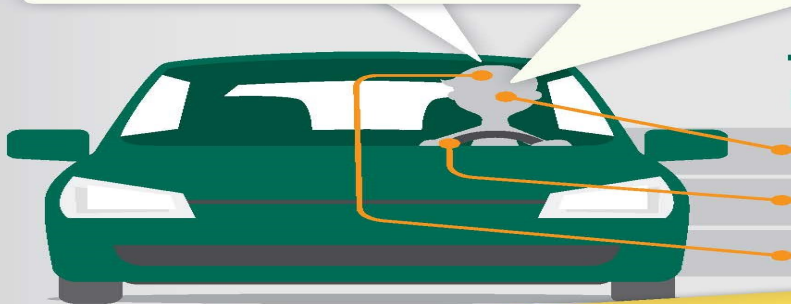


Driving w/sentence listening



Drivers looking out the windshield can **miss seeing up to 50%** of what's around them when talking on any kind of a cell phone.

Field of view narrows while talking on a phone



## THE ESSENTIAL TRIO: requirements for driving

Eyes on the road

Hands on the wheel

**MIND ON DRIVING**



## BACK-SEAT DRIVER: the paradox of the passenger

A passenger is another set of eyes.

A passenger is able to recognize when traffic is challenging and stop talking.

A passenger is able to spot and point out driving hazards.

Isn't it just as distracting to talk to passengers?

For adult drivers, **no!**



## TAKE THE PLEDGE TODAY!

Now that you have the facts about cell phone use while driving (hands-free or handheld!), take the pledge to keep our roadways safe by driving cell free at [nsc.org/pledge](http://nsc.org/pledge)

SOURCES: The AAA Foundation for Traffic Safety, Carnegie Mellon University, Injury Facts® 2013 edition, National Highway Traffic Safety Administration, National Safety Council, University of Utah

# SAFETY



## Improving the Unit Process Operations: Safety

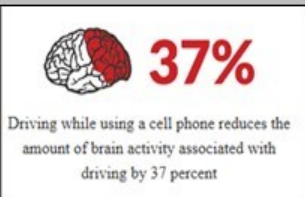
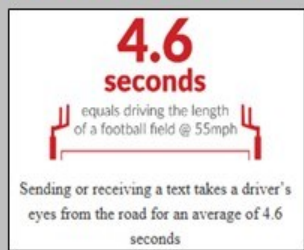
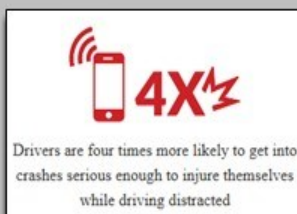


### April Safety Focus Area

#### Distracted Driving Awareness Month

- The 3 biggest causes of fatalities on the road:
  1. Alcohol (30.8%)
  2. Speeding (30%)
  3. Distracted driving (26%)<sup>1</sup>
- 41 lives lost last year in Iowa from distracted driving<sup>2</sup>

#### Technology and cars don't mix



#### It's a law, not a suggestion...

- ✓ Distracted drivers, including texting drivers, can be cited for careless driving with fines starting at \$100.50 and may have their license suspended.
- ✓ Drivers may be cited for all other infractions incurred due to distracted driving, including vehicular homicide.
- ✓ It is illegal for an adult to text while driving.
- ✓ It's still considered texting while driving while stopped at a red light.
- ✓ Commercial motor vehicle operators may be fined up to \$2,750 if using communication / entertainment devices while driving.

#### What you can do

- ✓ Drive only when you're able to give the road your full attention.
- ✓ Call or text before you leave.
- ✓ Avoid temptation: set your phone to silent.
- ✓ Don't eat, apply makeup, reach across the vehicle for items or conduct any other distracting activities while driving.
- ✓ Use an app to disable your phone while driving.
- ✓ Ask a passenger to help.
- ✓ Set route while parked.
- ✓ Buckle up. Every seat, every time.

<sup>1</sup> nsc.org <sup>2</sup> ia.zerofatalities.com

## SOCIAL MEDIA

Show off your 132d Wing pride by following us on our different social media accounts. Tag us in appropriate photos or tweets and like and retweet ours. It's a good way to see the past and present and knowing events for the future. Don't forget your OPSEC rules. **If you have any memories you'd like to share from the past 75 years be sure to use tag us @132dwing with #132dWing75yrs**

"Like" us on Facebook at [www.facebook.com/132dWingDesMoinesIowa](http://www.facebook.com/132dWingDesMoinesIowa)



Follow us on Twitter at <https://twitter.com/132dWing>



Follow us on Instagram at <https://instagram.com/132dWing>



Visit our Youtube page at [https://www.youtube.com/channel/UCUdb6J0A4B4r2C99mYW7\\_BQ](https://www.youtube.com/channel/UCUdb6J0A4B4r2C99mYW7_BQ)



# PEOPLE

## Promotions

Capt	Sonntag, Amanda	6-May-15
Capt	Christian, Adam J.	16-Dec-15
1st Lt	Khan, Joshua P	13-Dec-15
1st Lt	Rhode, Justin	13-Dec-15
1st Lt	Wiebbecke, Justin	13-Dec-15
1st Lt	Williams, Scott	13-Dec-15
1st Lt	Chidester, Jordan	21-Feb-16
1st Lt	Judd, Colin	21-Feb-16
1st Lt	Till, Tylor	21-Feb-16
1st Lt	Westphal, Justus	21-Feb-16
1st Lt	Zajicek, David	21-Feb-16
CMSgt	Richards, Geoffery	1-Apr-16
SSgt	Dick, Charles	15-Mar-16
SrA	Erickson, Whitney	15-Mar-16
SrA	Todsen, John	1-Apr-16
SrA	Dawson, Dawn	1-Apr-16
SrA	Wagner, Denis	1-Apr-16
SrA	Schwab, Isasc	1-Apr-16

## Moving In

TSgt	Gill, Sukhraj	MDG	27-Mar-16
SrA	Tate, Eric	CES	26-Feb-16
SrA	Pederson, Peter	233 IS	5-Mar-16
A1C	Marin, Shane	232 IS	5-Mar-16
A1C	Petermeier, Dylan	SFS	15-Mar-16
A1C	Deiters, Savannah	SFS	18-Mar-16
A1C	Jenkins, Deonte	FSS	18-Mar-16
A1C	Streif, Justin	ISRG	18-Mar-16
AB	Heckman, Kaitlynn	132 ISS	10-Mar-16
AB	Brinkmeier, Zachary	COS	10-Mar-16

## Moving On

Capt	Whitehurst, Brynn	DTOC	10-Mar-16
MSgt	Kreft, Michael	232 IS	4-Mar-16
SSgt	Williams, Paul	233 IS	11-Mar-16
SSgt	Seay, Ensley	232 IS	10-Apr-16
SrA	Buse, Cristina	LRS	15-Apr-16

## Retirements

MSgt	Pelleymounter, Scott	1-Mar-16
MSgt	York, Derek	1-Mar-16
TSgt	Wolff, Daymond	7-Apr-16



MSgt Thomas Worrell



TSgt Ricky Cole

*The Airman's Creed:*

*I am an American Airman.*  
*I am a Warrior.*  
*I have answered my Nation's call.*

*I am an American Airman.*  
*My mission is to Fly, Fight, and Win.*  
*I am faithful to a proud heritage,*  
*A tradition of honor,*  
*And a legacy of valor.*

*I am an American Airman.*  
*Guardian of freedom and justice,*  
*My Nation's sword and shield,*  
*Its Sentry and avenger.*  
*I defend my Country with my life.*

*I am an American Airman,*  
*Wingman, Leader, Warrior.*  
*I will never leave an Airman behind,*  
*I will never falter,*

**Members that have achieved a 90% or above on their CDC/PME test:**

SSgt Nichols, Charles E.  
A1C Stadtmueller, Seth D.

**Congratulations!**



# LUNCH MENU

## APRIL MENU

Saturday 9 April 2016  
1100-1300

### Main Line

Southern Fried Catfish  
Pineapple Ham Balls  
Mashed Potatoes w/ Gravy  
Green Beans  
Mediterranean Veggie Blend

### Short Line

Wing Bar  
Garlic Parmesan  
Buffalo  
BBQ  
French Fries  
Celery

***SPRING Into  
the DFAC!***

### Dessert:

Strawberry Shortcake  
Whipped Topping

## APRIL MENU

Sunday 10 April 2016  
1030-1230

### Main Line

Smoked Meatloaf  
Roasted Turkey  
Corn  
Mashed Potatoes  
w/ Gravy  
Prince William Veggies

### Short Line

Pulled Chicken Sandwich  
French Fries  
Coleslaw

### Dessert:

Apple Pie, Cherry Pie,  
Blueberry Pie

***Go for Green at  
the Salad Bar!***



# ENVIRONMENTAL

## Proposed schedule of events\*

14-15 May (Drill Weekend)

- Group Ride

16 May (Monday)

- Group Ride

17 May (Tuesday)

- Lunch and Learn Bike Maintenance
- Group Ride

18 May (Wednesday)

- Lunch and Learn Traffic Safety
- Group Ride

19 May (Thursday)

- Lunch and Learn Bike Maintenance
- Group Ride

20 May (Friday)

- Lunch and Learn Traffic Safety
- Group Ride. Family and friends invited
- Children's, Bike Rodeo (If enough interest)
- Snake Pit Barbeque

\*All event times TBD, final approved schedule will be distributed and posted to SharePoint prior to May DWE. Want to help? Contact the Safety (261-8219) or Environmental (261-8760) offices.



# APRIL UTA EVENTS

9 April, Easter Egg Hunt, 1400, DFAC—Outside Pavilion

9 April, RE, MSgt Thomas Worrell, 1400, Wing Clsrn

9 April, RE, TSgt Ricky Cole Wing Clsrn 1500

9 April, PR— Geoffery Richards to CMSgt, DFAC 1500

10 April, Expeditionary Skills Rodeo, Bldg 160. 0700-1130

10 April, Expeditionary Skills Rodeo, Bldg 160. 1200-1630

10 April, RE, Chaplain Wendell Rome, Bldg 261, 1400

## BEER OF THE MONTH

We will feature a different homebrew tasting on tap at the Snakepit Lounge the Friday before drill weekend. Donations to cover the cost of materials are welcome; all profits will be donated to the Snakepit.

**Friday, April, 8th, the Featured Beer is:  
Belgian-Style Wheat Ale (similar to Blue Moon)**



# 233rd FIRST SERGEANT

A future First Sergeant opportunity exists in the 233d Intelligence Squadron. Applicant Responsibilities:

1. Ensure you meet the below minimum qualifications to be considered for meeting the board.
2. Submit the following documentation to the Force Support Squadron to be considered for the First Sergeant Selection Board
  - a. Letter of Intent (132 FW Sup 1 to AFI 36-2113, Attachment 4)
  - b. First Sergeant Applicant Eligibility Checklist (DSM Form 20)
  - c. Report of Individual Personnel (RIP - available via vMPF)
  - d. Current physical fitness assessment report - Must meet eligibility requirements of AFI 36-2113 for 8F000 SDI (Last two must be greater than 80 or last one greater than 90)
  - e. Current military resume (per AFH 33-337 Tongue and Quill)
3. Ensure your request is received by CMSgt Kiser, on or before the closing date. A detailed position description and more information can be found in AFI 35-2113.

Position: First Sergeant, SDI 8F000

Announcement Date: 1 April 2016

Closing Date: 15 May 2016

Boarding Date: June UTA

## REQUIRED TRAINING

### EXPEDITIONARY SKILLS ROPEO (ESR)

*All Airmen are required to attend this training!!!*

#### ESR TRAINING WILL BE OFFERED:

- ⇒ Sunday, April 10th: 0700 - 1130 & 1200 - 1630
- ⇒ Thursday, June 9th: 0700 - 1130 & 1200 - 1630
- ⇒ Friday, June 10th: 0700 - 1130 & 1200 - 1630

**SABC—Will be held in the  
old FAB Shop**

**CBRNE—Will be held in the  
old Engine Shop**

**EACH TRAINING SESSION WILL HAVE A MAXIMUM  
CAPACITY OF 150**

**\*\*Work with your UDM to get scheduled\*\***

**Once accomplished, the training is current for 3 years**

**TRAINING WILL BE LOCATED IN BLDG 160**

# SEXUAL ASSAULT AWARENESS & PROTECTION



## April is Sexual Assault Awareness & Prevention Month

Sexual Assault Awareness and Prevention Month (SAAPM) is recognized across the country by both civilian and military communities. This month offers an opportunity to build on existing momentum to eliminate this crime and ensure all Service members are treated with dignity and respect, and can operate without fear of retaliation. *"Eliminate Sexual Assault: Know Your Part, Your Part"* is the DoD SAAPM theme.

**Eliminate Sexual Assault:** Eliminating sexual assault requires Airmen at all levels to be engaged all year, not just during April. It is Airmen who take care of their Wingmen every day of the year that will help to eliminate sexual assault from our ranks and you are our best asset in preventing sexual assault. We must adhere to our core values and standards of behavior in order to eliminate sexual assault and other inappropriate behavior.

**Know Your Part:** Each member of our DoD community has a unique role in preventing and responding to sexual assault. We must recognize our part in stopping this crime, starting with our own awareness and knowing when and where to intervene.

**Do Your Part:** We have to act. If we see a crime or inappropriate behavior unfolding, as bystanders, we need to step in to stop or prevent it. We each need to add our voice to the call to end this crime. Every Airman who enforces professionalism in their workplace and insists their Wingmen treat each other with dignity and respect is taking action to eliminate sexual assault and support survivors.

Join the conversation on social media: #notjustApril #SAAPM

### 132d SAPR Team: Sexual Assault Response Coordinators (SARC) & Victim Advocates (VA)

132d SARC Cell: 515-371-2743  
2d Lt Clarissa Atwell  
TSgt Molly Skovronski

Lt Col Sonya Finch  
MSgt Becky Starmer  
SSgt Elisha McCoy

Capt Renee Rausch  
MSgt Tina Bizios  
SSgt Stacia Taylor

## JOB OPENING



## 124<sup>th</sup> ATKS URT Application



### To apply, applicant must meet the following minimum requirements:

1. Four year college degree (Bachelors) *By May 30th 2016*
2. GPA of at least 2.1
3. AFOQT scores of: Pilot - 25, Navigator - 10, Academic Aptitude - No Minimum, Verbal - 15, Quantitative - 10
4. Test of Basic Aviation Skills (TBAS) results
5. Enter flying training before (32 years of age if currently in military, 30 years of age non-prior service)
6. Physically able to pass the Flying Class 1 physical
7. United States Citizen
8. Capable of obtaining & maintaining a Top Secret security clearance (clean criminal record, financial record, driving record, no substance abuse, etc.)
9. Selectee will be required to attend training for AFSC 18X: RPA (Unmanned) Pilot or 11U: Pilot

### Pilot Training application must consist of:

1. Cover letter
2. Resume consisting of a chronological statement of military/civilian experience & education
3. Transcripts of all college work
4. Minimum of 3 letters of recommendation
5. AFOQT test scores
6. Must complete Pre-Screening Questionnaire
7. Test of Basic Aviation Skills (TBAS)

### Timeline:

- \* URT Applications are due into the 124<sup>th</sup> Attack Squadron no later than Friday April 29, 2016.
- \* The most qualified applicants will be eligible for an interview.
- \* Interview letters will be emailed out on May 3, 2016.
- \* The URT interview board will be held on May 13, 2016.

Please scan your complete application and email it to TSgt Nicholas Rohmiller at [nicholas.j.rohmiller.mil@mail.mil](mailto:nicholas.j.rohmiller.mil@mail.mil)

Contact: Lt Col Todd (Freak) Miller at [todd.d.miller16.mil@mail.mil](mailto:todd.d.miller16.mil@mail.mil) or Maj Tony (Cage) Bradley at [anthony.s.bradley8.mil@mail.mil](mailto:anthony.s.bradley8.mil@mail.mil) with questions.





# AIRMAN & FAMILY READINESS EVENTS

## LAUGH YOUR WAY TO A BETTER MARRIAGE



### 132<sup>nd</sup> Wing Strong Bonds Event

May 27 (1730) - May 28 (1400), 2016  
Drury Inn & Suites, West Des Moines

This event is open to members of the 132<sup>nd</sup> Wing and their spouse. The retreat includes 8 hours of instruction, all meals, and lodging from dinner Friday through lunch on Saturday. Whether you have been married one year of fifty, we are certain you will find this a rewarding and enjoyable experience. Our accommodations at the Drury Inn & Suites provide the perfect setting for the two of you to get away and relax, while picking up some new tools for your relational toolkit. Childcare is not provided for this event.

Space is limited!

For more information and to register email

[pastorgabec@gmail.com](mailto:pastorgabec@gmail.com) or

[Ashley.n.wood38.mil@mail.mil](mailto:Ashley.n.wood38.mil@mail.mil)

## PURPLE UP

### For Military Kids

April is the month to recognize the military youth across our nation. In addition to this, join us in this annual event, held on April 15th, to show appreciation to military youth for the sacrifices they and their family make.

#IApurpleup

Schools and organizations are asked to take part in a challenge to tag a photo with the largest group of people wearing purple.

Support Iowa's 11,000  
MILITARY Children  
by WEARING PURPLE on.

# April 15<sup>th</sup>



For more information:  
[www.iowanationalguard.com/youthprograms](http://www.iowanationalguard.com/youthprograms)

WINGMAN SUPPORT TEAM PRESENTS

## 2016 132<sup>d</sup> WING EASTER EGG HUNT

### SAT. APRIL, 9

2:00 PM - ACTIVITIES START  
2:30 PM - EASTER EGG HUNT BEGINS

STAGGERED START TIMES FOR AGES: INFANT-4, 4-8, 9 & ABOVE

LAWN JUST NORTH OF BLDG. 110

ACTIVITIES INCLUDE:

BOUNCE HOUSE, FACE PAINTING,  
CRAFTS, SNACKS, "POTATO SACK" RACES,  
HULA HOOP CONTEST, BEANBAG GAMES,  
AND PHOTO WITH THE EASTER BUNNY



## 2016 Wellness Calendar



January	February	March	April
	Money Matters- basic financial preparedness and investing (Military Saves Week Feb 22-27) TAG Fun Run 17 February Tricare Rep February 24 MMFC Skate North	4-Lenses  Tricare Rep March 23 TAG Fun Run 16 March MMFC Art	Month of the Military Child Youth camp opportunities, scholarships, positive parenting TAG Fun Run 20 April Easter Egg Hunt MMFC Golf
TAG Fun Run January 20			
May	June	July	August
Clean Eating/Healthy Lifestyle Free/Low Cost Summer Activities	Education/GI Bill TAG Fun Run 15 June 75 <sup>th</sup> Anniversary/Family Day Youth Symposium (age 7-10) Tricare Rep June 15 MMFC Diversity	No Scheduled Drill  TAG Fun Run 20 July MMFC Monkey Joes	Consumer Awareness Home Buying TAG Fun Run 17 August Youth Symposium (age 11-17) Tricare Rep August 10 MMFC Laser Tag
TAG Fun Run 18 May MMFC Zoo			
September	October	November	December
Suicide Awareness Month Stress Management/Balance Your Thinking	Money Talk- how to communicate money issues with your partner  TAG Fun Run 19 October Trunk or Treat	Retirement Planning TAP Pre-Separation Counseling  TAG Fun Run 16 November	The Good and Bad of Anxiety and How to Make it Work for You  TAG Fun Run 21 December Community/Wing Holiday Party
TAG Fun Run 21 September			

Chapel Services: Catholic Mass- Saturday 3:00pm Protestant Service- Sunday 11:00am

Health & Wellness Class: Sunday 1:00 & 2:00pm, BX gym

Programs available to you all year round! Take advantage of some of the free programs listed as they become available to you and your family. Topics will be discussed Sunday of UTA at 12:30 in the Chapel. For more information or if you would like a certain topic to be covered, contact the 132<sup>nd</sup> Wing Airman and Family Readiness Office (515) 261-8786.